

COMMUNITY SERVICES BOARD

April 16th, 2026

APPROVED

Via Hybrid

Member Fran Bialy
Attendance: Tina Lounsbury
Keith Nichols, MD
Porshea Moore
Christine Schweitzer
Carolyn Galatzan
William Standing, III
Shawn Nalepa

Guests: Casey O'Reilly, OPWDD

Mental Sarah Begeal, Interim Director of Community Services
Hygiene Susan Graves, Secretary to the Director of Community Services
Attendance:

Meeting called to order at 9:37am

Category: Meeting Minutes

Topic: Review of minutes from March 2026 – Approved as written

Topic: Interim Director Report – Sarah Begeal

Discussion: Updates:

- Staffing
 - Lorrie Woloszyn, LSW started at the jail on 4/1
 - Joanna Shawley, PT Account Clerk Typist started 4/6 in the Owego Clinic
 - Kirsten VanSlyke, LMSW starting on 5/18 in the Owego Clinic
- May is Mental Health Awareness Month
 - Request for courthouse lighting approved
- Mobile Crisis
 - Up and running
 - Will try to connect with law enforcement regarding 941's
 - Katie Mikulski is networking
- Local Service Plan
 - Due to the State in June
 - Sarah seeking input from subcommittees
 - Seeking information high level unmet needs for the plan
 - Discussion in May with the subcommittees
- Pillars for Postvention
 - Internal training for all clinical staff on 4/23
 - Suicide Postvention
 - Continuing education credits
 - Training for staff to help clients more effectively

Note: Sarah explained providing trainings with CEU credits help with clinician retention

- Funding opportunity for Suicide Coalition
 - State aid funding going through the Health Department
 - Sarah sent email to Heather Vroman
 - Funding is to assist with capacity building
 - Informational session on 4/23 from 1:00-2:00pm
 - Sarah will forward information to Fran
 - Application is due at the end of May

Status: Informational – Complete

Topic: Legislative Chair – William Standinger, III

Discussion: Updates:

- A resolution to make Sarah Begeal the permanent DCS for Tioga County passed. Congratulations Sarah
 - Resolution to be sent to Fran
 - Fran needs to notify the IOCC & OMH

Status: Informational – Complete

Topic: Chair Report – Fran Bialy

Discussion: Updates:

- Annual requirements
 - Ethics due in May
 - Corporate Compliance
- CSB Board Review (Sections 2-4)
 - Mental Hygiene Organizational Chart reviewed
 - Board Membership List reviewed
 - Brief Overview of Mental Health Structure in Tioga County reviewed
 - Fran to reach out to County Attorney regarding membership requirements
 - Additional changes to be made to the document regarding board meetings & subcommittee meetings
 - Structure Chart reviewed
 - CSB subcommittee's structure, responsibilities, roles & tasks reviewed – boxes checked
 - Tioga County Legislature Organization Chart reviewed
 - Services Offered by Mental Hygiene reviewed
- Section 5 (By-Laws) will be reviewed during May's meeting

Status: Informational – Complete

Topic: New Business

Discussion: A New Hope Center – Fran Bialy

- Ruby Jubilee celebrating A New Hope Center's 40th Anniversary
 - June 10th, 2026, at the Elks Club in Owego
 - Starts at 5:30
 - Tickets being sold for the event

Status: Informational – Complete

Adjournment: The meeting adjourned at 10:58am. The next meeting is scheduled for Thursday, May 21st, 2026, at 9:30am.