



# Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



**Public Health**  
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**Tioga County**

## HEALTH & HUMAN SERVICES COMMITTEE – PUBLIC HEALTH

TUESDAY, JANUARY 3, 2023

9:30 A.M.

### FINANCIAL:

- Agency Financials December 2022

### OLD BUSINESS:

- None

### NEW BUSINESS:

- Agency Report December 2022

### PERSONNEL:

- None

### RESOLUTIONS:

- Appoint Interim Public Health Director

### PROCLAMATIONS:

- None

### ADJOURNMENT:



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## INTERNAL MEMO

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TO: **William H. Standinger, III; Chair, HHS Committee**  
FROM: Heather Vroman, MSEd; Deputy Public Health Director  
CC: Marte Sauerbrey; Chair, Tioga County Legislature  
DATE: January 3, 2023  
RE: **Health & Human Services Meeting January 3, 2023**

Attached are Tioga Public Health's materials for the Health & Human Services Committee meeting.

- Financials (pg. 1)
- Agency Report December 2022 (pgs. 2-10)
- Resolutions:
  - Appoint Heather Vroman to Interim Public Health Director
- Proclamation:
  - None

SUMMARY SHEET OF MUNIS REPORT  
PUBLIC HEALTH DEPARTMENT  
YTD 2022 THRU DECEMBER  
Report Run date: 12.29.2022

FUND	ACCOUNT DESCRIPTION	ORIGINAL APPROP	TRANSFRS/ADJSMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCE/REQ	AVAILABLE BUDGET	% USED
A	Total A2960 Handicapped Education	1,111,625	-450,000	661,625	823,510.34	609,976.64	-771,862	216.70
A	Total A4011 Public Health Administr	2,114,136	6,039	2,120,174	1,830,797.48	10,499.00	278,878	86.80
A	Total A4044 Early Intervention	34,543	-4,000	30,543	20,607.85	3,250.00	6,685	78.10
A	Total A4053 Preventive And Primary	-150,000	0	-150,000	-70,475.12	2,207.00	-81,732	45.50
A	Total A4064 Managed Care - Dental S	-99,196	25,000	-74,196	-81,429.93	125.00	7,109	109.60
A	Total A4090 Environmental Health	-220,030	0	-220,030	-265,398.34	13,191.51	32,177	114.60
A	Total A6610 Sealer Of Weights And M	8,403	0	8,403	12,826.63	75.00	-4,498	153.50
Total A General Fund		2,799,481	-422,962	2,376,520	2,270,438.91	639,324.15	-533,243	122.40
Total H Capital Fund		30,080	17,712	47,792	25,518.82	39,193.08	-16,920	135.40
Revenue Total		-3,789,223	-2,895,619	-6,684,842	-2,778,317.41	0.00	-3,906,525	41.60
Expense Total		6,618,784	2,490,370	9,109,154	5,074,275.14	678,517.23	3,356,362	63.20
Grand Total		2,829,561	-405,250	2,424,312	2,295,957.73	678,517.23	-550,163	122.70

**Comments:**

- This report does NOT represent the final figures for YTD through December 2022. It represents what was in MUNIS at the time of this report (12.29.2022)
- Most Revenues received in Jan-Feb are for services/expenses from prior year, & are moved back (to 2021). Thus, current year revenues are delayed.
- \$450K was removed from Handicapped Education's Expenses in November 2022 to cover shortfall in the Community College account. At the time of this report, the related \$450K reduction in budgeted revenue has not yet been made. This results in the percentages to be over reported in "Grant Total" and under reported in "Revenue".
- Large amounts of NY State Aid revenue are still to be posted/acrued in 2022.



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## NOTEWORTHY ITEMS, UPDATES AND ACCOMPLISHMENTS

- Distributed County Cookbooks electronically and hardcopy to those who participated in workplace wellness opportunity.
- Distributed Holiday resource guide to community via many platforms.
- Completed and submitted Community Health Assessment and Health Improvement Plan to NYSDOH; hard copies will be distributed in early 2023.
- Awarded the Village of Candor \$15,000 through the Creating Healthy Schools and Communities Grant to make the village safer for those walking and riding bikes.
- Awarded Candor School District \$10,000 to improve the wellness of staff and students through the Creating Healthy Schools and Communities Grant.
- In collaboration with the ASAP Coalition and Tioga County Mental Health Narcan Emergency Box has been installed near security at the main entrance of the HHS Building.
- Ongoing support/partnership in: Team Tioga, Safe Harbor Committee, Allies in Substance Abuse Prevention (ASAP), Tioga County Immunization Coalition, Anti-Hunger Task Force, Tioga County Local Emergency Planning Committee (LEPC), Child Fatality Review Team, Care Compass Network PAC Executive Council, Tioga County Council of Governments, Tioga County Board of Health, Rural Economic Partnership (REAP), and External Community Advisory Board MPH Program at Binghamton University, and Lead Poisoning Prevention Program (LPPP) Coalition.

### Attachments:

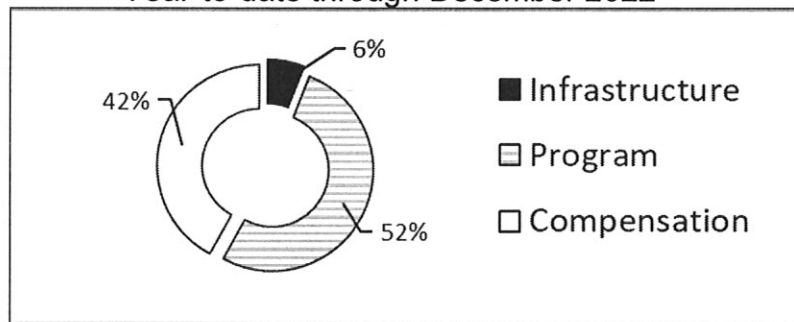
1. Financial Snapshot December 2022.
2. Data Report December 2022.
3. Press Release: Stay Safe This Holiday Season!, November 21, 2022
4. Flyer: "What The Health!?", December 2022
5. Flyer: "Stay Safe This Winter!", December 2022
6. Flyer: "Don't Let Respiratory Illnesses take you down this Winter!", December 2022
7. Flyer: "Holiday Safety", December 2022
8. Bulletin Board: "Stay Safe on the Road This Winter", 56 Main Street, Owego, NY 13827
9. Billboards: "Stick it to the Flu!" & "Driving High is Illegal!"
10. Photos: "Tioga County Public Health & Tioga County Mental Hygiene partner with Tioga County ASAP Coalition to get Narcan Emergency Box installed at HHS Building", December 2022



**Financial Snapshot**  
**Year-to-date through December 2022**

	<b>2018 Actual</b>	<b>2019 Actual</b>	<b>2020 Actual*<sup>2</sup></b>	<b>2021 Actual</b>	<b>2022 Budget</b>	<b>Actual*<sup>1,3</sup> YTD 2022</b>	<b>Percentage of 2022 Budget</b>
<b>Revenues</b>							
Fees	1,100,359	1,112,262	739,661	625,355	980,235	725,778	74 %
State/Federal	2,680,110	2,704,275	2,047,032	2,315,802	3,072,051	1,613,905	53 %
Local	2,147,623	2,103,208	1,924,103	1,906,875	2,424,312	2,286,229	94 %
<b>TOTAL</b>	<b>5,928,092</b>	<b>5,919,745</b>	<b>4,710,796</b>	<b>4,848,032</b>	<b>6,476,598</b>	<b>4,625,912</b>	<b>71 %</b>
<b>Expenses</b>							
Compensation	1,734,508	1,728,302	1,889,627	2,136,196	2,554,190	1,953,757	76 %
Program Expense	3,671,760	3,661,604	2,518,252	3,928,472	3,548,883	2,411,754	68 %
Core Infrastructure	521,824	529,838	302,917	347,691	373,525	260,401	70 %
<b>TOTAL</b>	<b>5,928,092</b>	<b>5,919,745</b>	<b>4,710,796</b>	<b>6,412,359</b>	<b>6,476,598</b>	<b>4,625,912</b>	<b>71 %</b>
<b>FTE:</b> 2022 Approved Headcount of 37 FTE: 31 FT & 6 PT Plus 3 Temps	23.8	26.3	23.7	29.2	30.8	-----	-----

**Allocation of Expenses**  
**Year-to-date through December 2022\*<sup>1,3</sup>**



- \*Notes:
1. The "Financial Snapshot" & "Allocation of Expenses" represent figures as of this report date (12/27/2022), and are not the FINAL December 2022 figures.
  2. During 2020, the Legislature required a 10% cut in expenses from all County departments. This was removed from the Expense side of the ledger, but not the offsetting revenue portion, thus inflating the reported "Local Share" of Public Health by nearly \$375K.
  3. COVID Specific funds have been removed from these tables, as they skew the numbers due to their large amounts. Currently over \$2.6 million has been appropriated of Covid funding within Public Health.
  4. In November 2022, the Treasurer, Budget Officer and Legislature transferred \$450K from Public Health to cover overages in other areas of the County. This reduced both the Expenses and Revenue lines.

2022 Data Report

<b>PUBLIC HEALTH ACTIVITIES</b>	<b>Y-E 2020</b>	<b>Y-E 2021</b>	<b>Dec-22</b>	<b>Y-T-D</b>
<b>Community Health</b>				
Healthy Neighborhoods Program Visits	94	112	21	256
- HNP revisits	40	14	0	7
Communicable Disease	618	0	0	882
- Respiratory (Legionellosis, Strep)	143	4	6	14
- Influenza	571	49	248	648
- Tick caused	19	105	14	234
- Hepatitis	20	53	3	92
- Gastrointestinal Disease	16	40	3	49
- PPD Test Administered	5	0	0	0
Child Passenger Safety Seats Inspected	6	20	0	40
- Child Seats FAILED Inspection	5	10	0	31
PH Interns	1	2	0	2
Immunizations total child and adult	35	0	1	35
People Trained w/ Narcan	9	2	0	1
Narcan Distributed (added 8/18)	41	160	0	64
<b>Dental</b>				
New Clients	124	154	36	340
Dental Screenings	631	782	105	1120
- Clients with no tooth decay	237	328	19	265
-Clients WITH tooth decay	116	310	50	496
- Clients with EXTENSIVE tooth decay	251	128	34	347
Extractions	91	179	8	100
<b>Children Services</b>				
Early Intervention Referrals	132	138	15	148
- Early Intervention CURRENT Caseload Monthly total	531	638	52	N/A
<b>Environmental Health</b>				
Animal bite investigations	119	150	10	163
Rabies Clinics	2	6	0	7
- Number of Animals	391	1098	0	1012
Food Establishment Inspections	81	182	21	172
- Establishments with Violation	10	26	3	21
Temporary Food Inspections	2	8	0	57
- Clean Indoor Air Act Violations (Smoking)	0	0	0	0
Mobile Home Park Inspections	3	37	13	25
Swimming Pool Inspections	9	14	3	21
Children's Camps	5	4	0	8
Agriculture Fairgrounds	0	2	0	2
Nuisance Complaints	58	17	1	17
Enforcement Actions	11	31	3	32
<b>Weights &amp; Measures</b>				
Inspection Sites	69	129	12	123
-Devices Inspected	277	499	128	475
Petroleum Quality Samples Taken	0	0	0	12
<b>COVID-19</b>				
* Days Public Health EOC activated from year start	285	364	N/A	336
Total COVID Cases for period	<del>5849</del>	5628	250	7245
Individuals Tracked	5849	13224	250	7532
Calls Taken	15257	7824	23	520
Quarantine/Isolation Orders Issued	4323	13586	0	2886
Household Trips/deliveries	2518	1772	0	34
COVID-19 Related Complaints	144	41	0	1
Vaccination Clinics	<del>2</del>	36	0	2

\* EOC originally activated starting 3/14/20



# Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director  
1062 State Route 38, PO Box 120, Owego, NY 13827  
607-687-8600



## PRESS RELEASE

For Immediate Release:  
November 21, 2022

Contact: Katie Wait, 607-687-8614  
Public Health Educator

### Stay Safe This Holiday Season!

The holiday season is fast approaching, which means food, family, and shopping! Follow these tips to protect yourself and others this season!

#### Online Shopping

- Always use strong passwords and update them regularly.
- Beware of identity theft – closely monitor all your financial accounts!
- Install the latest version of your internet browser and security software.
- Don't open emails from unknown senders or click on links to "deals" that seem suspicious or too good to be true!
- Look for indicators of a secure site before entering credit card numbers, passwords, personal information, or confidential information:
  - A lock symbol in the address bar
  - A green color in the address bar
  - The additional of an "S" to the http:// at the beginning of a URL

#### Food Safety

- Keep raw meats separated from all other foods.
- Cook food thoroughly – use a food thermometer to ensure food has reached a safe internal temperature.
- Once food is prepared, keep hot food hot and cold food cold.
- Use pasteurized eggs for dishes containing raw egg, such as eggnog, tiramisu, hollandaise sauce, and Caesar dressing.
- Be sure to wash your hands!

#### Fire Prevention

- Keep flammable items away from heat sources (oven, stove, fireplace, etc.).
- Clean up greasy spills as you go to remove another fire hazard.
- If you have a live Christmas tree, be sure to water it every day.
- Don't plug in more than 3 light stands to one another (use a power cord instead), discard any strands that are worn or broken, and always unplug lights (and blow out candles!) before leaving the house or going to bed.
- If using a menorah or kinara, place it on a non-flammable surface to catch the melting candle wax, such as a tray lined with aluminum foil.

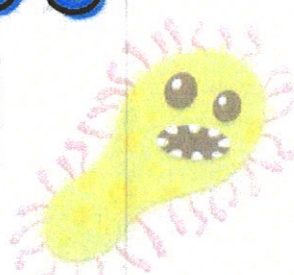



Tioga County Public Health wishes you and yours a happy, healthy, and safe holiday season!

#### Resources

- Tioga County Public Health Website: [ph.tiogacountyny.gov](http://ph.tiogacountyny.gov)
- Facebook: @TiogaCountyPublicHealth
- <https://www.ready.gov/home-fires>
- <https://www.ready.gov/winter-weather>
- <https://www.usfa.fema.gov/prevention/outreach/holiday.html>
- <https://www.cisa.gov/shop-safely>



# DON'T LET RESPIRATORY ILLNESSES TAKE YOU DOWN THIS WINTER!

- 1 Eat a well balanced diet with fruits and vegetables.
- 2 Rest up! Aim for 7 - 8 hours of sleep each night to allow your body time to refuel.
- 3 Get vaccinated to protect yourself from severe illness from the flu and COVID-19.
- 4 Wash and sanitize your hands often and avoid touching your mouth, nose, and eyes.
- 5 Stay active. Even going for a short walk or moving around doing housework is good for your body.
- 6 Stay home if you are sick, and if you must go out, please cover your coughs & sneezes.



Help protect those who are more likely to suffer from severe illness including infants, seniors, and those with underlying health conditions!



# Stay Safe This Winter!

## SNOW REMOVAL

SHOVELING HEAVY, WET SNOW CAN CAUSE BACK INJURIES AND HEART ATTACKS.

- STAY HYDRATED, BUT AVOID HEAVY MEALS RIGHT BEFORE AND AFTER SHOVELING.
- MOVE ONLY SMALL AMOUNTS OF SNOW WITH EACH PASS OF THE SHOVEL.
- TAKE FREQUENT BREAKS AND STOP SHOVELING ENTIRELY IF YOU FEEL EXHAUSTED.

## PREVENT CARBON MONOXIDE POISONING

INSTALL CARBON MONOXIDE DETECTORS IN YOUR HOME AND TEST THEM.

SEEK MEDICAL ATTENTION IF YOU SUSPECT CARBON MONOXIDE POISONING AND ARE EXPERIENCING: HEADACHE, DIZZINESS, WEAKNESS, UPSET STOMACH, VOMITING, CHEST PAIN, AND/OR CONFUSION.

## PREVENTING HYPOTHERMIA AND FROSTBITE

LIMIT YOUR TIME OUTDOORS IF IT'S VERY COLD, WET, OR WINDY.

BUNDLE UP IN SEVERAL LAYERS OF LOOSE CLOTHING. CHOOSE MITTENS OVER GLOVES, COVER YOUR HEAD AND EARS WITH A WARM HAT, AND WEAR SOCKS THAT WILL KEEP YOUR FEET WARM AND DRY.

## WINTER DRIVING

ACCELERATE & DECELERATE SLOWLY. IF POSSIBLE, DON'T STOP WHEN GOING UPHILL. INCREASE FOLLOWING DISTANCE TO 8-10 SECONDS. AVOID USING CRUISE CONTROL IN WINTRY CONDITIONS.

FOR MORE INFORMATION, GO TO:

[NSC.ORG/COMMUNITY-SAFETY/SAFETY-  
TOPICS/SEASONAL-SAFETY/WINTER-SAFETY/WINTER](https://www.nsc.org/community-safety/safety-topics/seasonal-safety/winter-safety/winter)



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# WHAT THE HEALTH!?



## BEAT THE WINTER BLUES!



BUNDLE UP AND SPEND TIME OUTSIDE

STAY ON A SET SLEEP SCHEDULE



BRIGHTEN UP YOUR ENVIRONMENT

EXERCISE & MOVE YOUR BODY



DRINK WARM BEVERAGES



EAT A BALANCED DIET


PUT ON YOUR FAVORITE PLAYLIST

SPEND TIME BY THE FIRE




December 2022

## DON'T LET RESPIRATORY ILLNESSES TAKE YOU DOWN THIS WINTER!



Eat a well-balanced diet with fruits and vegetables.

Rest up! Aim for 7 - 8 hours of sleep each night to allow your body time to refuel.




Get vaccinated to protect yourself from severe illness from the flu and COVID-19.

Wash and sanitize your hands often and avoid touching your mouth, nose, and eyes.

Stay active. Even going for a short walk or moving around doing housework is good for your body.

Stay home if you are sick, and if you must go out, please cover your coughs & sneezes.



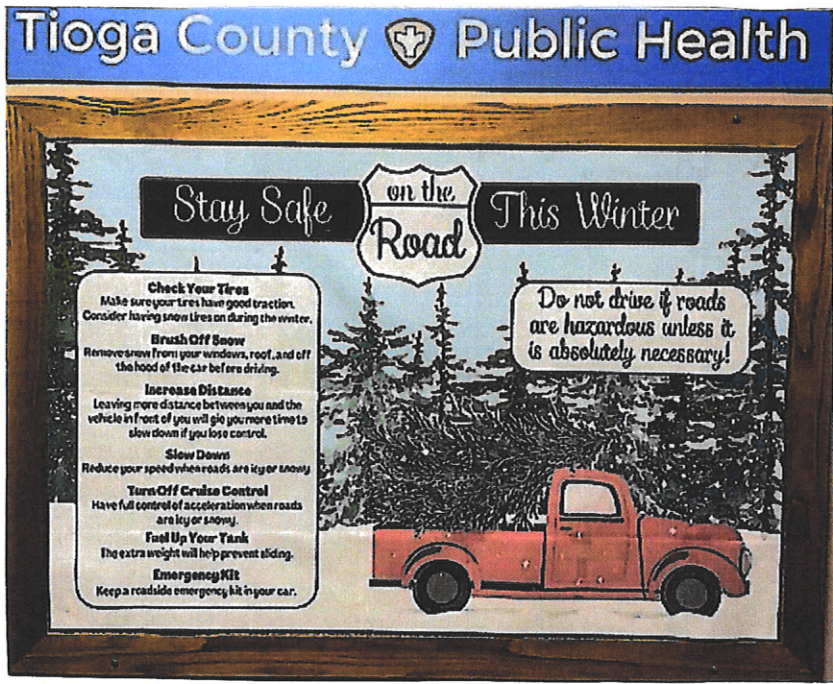
Help protect those who are more likely to suffer from severe illness including infants, seniors, and those with underlying health conditions!

*Exercise looks different in the winter...*



**DRESS WARMLY, BE VISIBLE, & WEAR PROPER FOOTWEAR.**





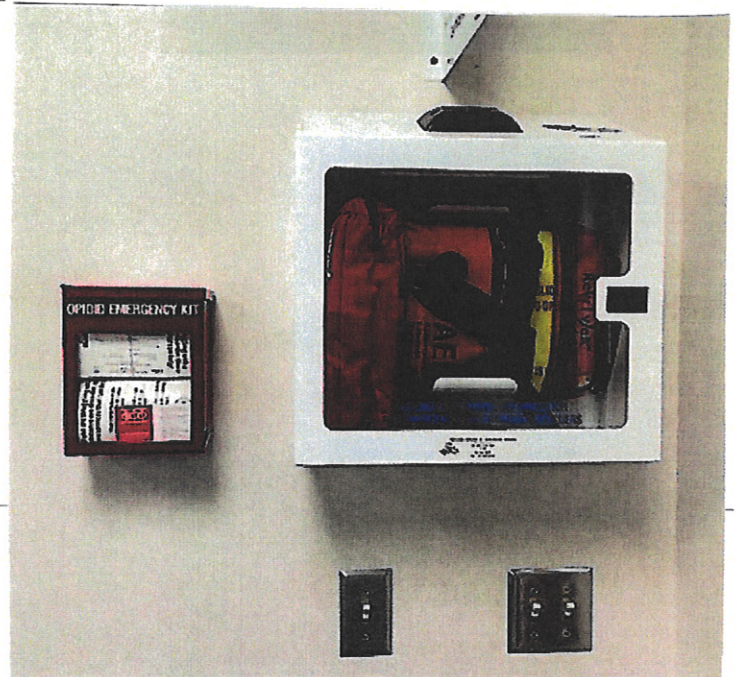
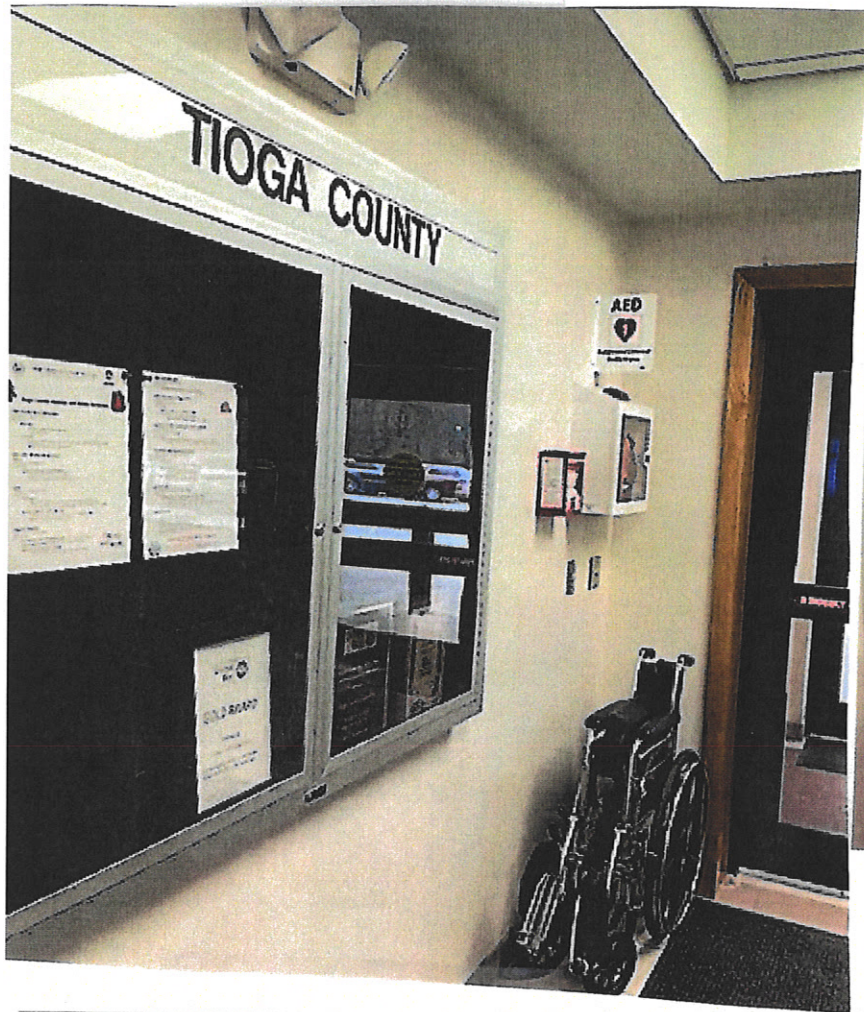
Bulletin Board  
56 Main St.  
Dunego, December 2022

Billboard  
December  
2022



Billboard  
December 2022





Tioga County Public Health & Tioga County Mental Hygiene have been working with the Tioga County ASAP Coalition to get a Narcan Emergency Box installed at the HHS Building. This box is equipped with two boxes of Narcan that can easily be utilized if an overdose were to occur. These Narcan Emergency Boxes also help make it easier for someone to access Narcan, especially if they are not willing to get it from a pharmacy or another distribution site. Each box has a link and QR to watch a training video so that you may be prepared if you were to ever come across someone overdosing. These boxes have already been installed in at least 5 locations in Tioga County, with many more to come in 2023!



REFERRED TO: HEALTH & HUMAN SERVICES COMMITTEE  
PERSONNEL COMMITTEE

RESOLUTION NO. -23 AUTHORIZE INTERIM APPOINTMENT AND  
SALARY INCREASE  
(PUBLIC HEALTH)

WHEREAS: The Public Health Director position will become vacant at the end of the day January 10, 2023; and

WHEREAS: The State Health Department requires that an interim Director be named; and

WHEREAS: The County Legislature would like to appoint the Deputy Director to the role of interim Director effective January 11, 2023 and offer additional compensation in recognition of the additional responsibility; and

WHEREAS: The County Legislature recognizes the Deputy Director's years and commitment toward Public Health, especially throughout the Covid-19 pandemic; therefore be it

RESOLVED: That Heather Vroman is hereby appointed interim Public Health Director effective January 11, 2023 with an annual salary adjustment of \$10,000; and be it further

RESOLVED: That upon permanent appointment of a Public Health Director, Ms. Vroman's salary shall be returned to \$76,625 as Deputy Director, if not appointed Director.